

# Maternal and Child Health Service: Key Ages and Stages Framework

KAS visit	Health & Development Monitoring	Intervention*	Promotion of Health & Development
Home visit	Family Health & Wellbeing Pregnancy, birth, family history Smoking	QUIT intervention & referral Respond to assessments	Breastfeeding Immunisation SIDS: view infant sleep arrangements Safe Sleeping Checklist
2 weeks	Family Health & Wellbeing Full physical assessment - includes Developmental Review Hearing risk factors	Respond to assessments	Car restraints Communication, language and play Injury prevention - Kidsafe
4 weeks	Family Health & Wellbeing Maternal Health & Wellbeing check Hips Weight, length, head circumference	Family Violence- safety plan Respond to assessments Post Natal Depression	Breastfeeding Immunisation Women's Health
8 weeks	Family Health & Wellbeing Full physical assessment - includes Developmental Review	Respond to assessments	Immunisation SIDS risk factors
4 months	Family Health & Wellbeing Developmental Assessment (PEDS/Brigance) Hips Weight	Respond to assessments	Communication, language and play Food in first year of life Playgroup Young Readers
8 months	Family Health & Wellbeing Full physical assessment Oral health Developmental Assessment (PEDS/Brigance) Hearing risk factors Infant sleeping	Sleep Intervention Respond to assessments	Communication, language and play Injury prevention - Kidsafe Poison information Sunsmart Tooth Tips
12 months	Family Health & Wellbeing Developmental Assessment (PEDS/Brigance) Hips Weight & length	Respond to assessments	Communication, language and play Healthy eating for young toddlers Immunisation
18 months	Family Health & Wellbeing Developmental Assessment (PEDS/Brigance) Oral health Weight, height, gait	Teeth cleaning Respond to assessments	Communication, language and play Injury prevention - Kidsafe Tooth tips
2 years	Family Health & Wellbeing Developmental Assessment (PEDS/Brigance) Weight & height, gait	Promote a Healthy Weight Respond to assessments	Communication, language and play Kindergarten enrolment Young Readers
3.5 years	Family Health & Wellbeing Developmental Assessment (PEDS/Brigance) Vision (MIST) Oral health Weight & height, gait	Promote a Healthy BMI Respond to assessments	Communication, language and play Healthy eating and play for kindergarten Immunisation Injury prevention - Kidsafe

\* At all visits nurses will respond to parental concerns (e.g. parenting, safety or health issues) and act on professional observation and judgement (including notifications under the Child, Youth and Families Act 2005)

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child,  
every  
opportunity



# Maternal and Child Health Service

## Child Outcomes

The Office for Children and Early Childhood Development has reviewed the evidence about the factors that make a real difference to children and young people and has identified 35 aspects of child health and wellbeing, learning and development and safety that are essential to our children's future. These aspects are known as the Outcomes for Children<sup>1</sup>. The following table identifies the outcomes, and the measurable indicators associated with each of the topics covered by the revised Maternal and Child Health Key Ages and Stages activity framework. It is important to note that the Maternal and Child Health service may play a key role, or a supportive role, in improving the identified outcomes for children and their families

Topic	Outcome	Indicator
SIDS	Optimal antenatal and infant development	Sudden Infant Death Syndrome (SIDS) rate for infants
Safe sleeping	Parent promotion of child health and development	Proportion of infants put on their back to sleep from birth
Smoking	Optimal antenatal and infant development	Proportion of children exposed to tobacco while in utero
	Healthy adult lifestyle	Proportion of women who used illicit drugs during pregnancy Proportion of children and young people exposed to tobacco smoke in the home
Immunisation	Free from preventable disease	Proportion of children who are fully vaccinated
Breastfeeding/Solids	Adequate nutrition	Proportion of infants breastfed Proportion of children and young people who eat the minimum recommended serves of fruit and vegetable every day
	Good parental mental health	Proportion of mothers with post-natal depression The proportion of children and young people who have parents with mental health difficulties
Post Natal Depression/ Sleep Intervention		
Injury prevention	Safe from injury and harm	Age specific death rates from injuries and poisoning Age specific hospitalisation rates from injuries and poisoning
Family violence	Free from child exposure to conflict or family violence	Proportion of mothers exposed to partner violence Proportion of family violence incidents witnessed by children and young people
Growth	Healthy weight	Proportion of children and young people who are overweight and obese
Oral Health	Healthy teeth and gums	Proportion of children and young people who brush their teeth twice a day
Literacy	Parent promotion of child health and development	Proportion of children who are read to by a family member every day
Vision	Early identification of and attention to child health needs	Proportion of parents concerned about their child's vision
Physical Assessment	Early identification of and attention to child health needs	Proportion of infants receiving a Maternal and Child Health Services home consultation Proportion of infants aged 0-1 month enrolled at Maternal and Child Health Services from birth notifications Hospital admissions for gastroenteritis in children under one year of age

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<sup>1</sup> Department of Human Services, The State of Victoria's Children Report 2006 (October 2006)



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