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| <p><u>Early Childhood Intervention Services</u></p> <ul style="list-style-type: none"> • Support children with a disability or developmental delay from birth to school entry. • Provide special education, therapy, counselling, service planning and coordination, assistance and support to access services such as kindergarten and child care. • Referral to this service is made through the Specialist Information and Referral team. <p>Contact: Early Childhood Intervention Services Phone: 1300 363 514 Email: ecis.intake.nwvr@edumail.vic.gov.au Web: www.education.vic.gov.au/childhood/parents/needs/pages/ecis.aspx</p>  | <p><u>Maternal Child Health Nurse</u></p> <ul style="list-style-type: none"> • Available for all families with children from birth to school age children. • Free service offering 10 key age consultations including three and a half year old check prior to children attending 4 year old preschool. • Service supports families and their children with emphasis on parenting, prevention and health promotion, developmental assessment, early detection and referral and social support. <p>Contact: Campaspe Maternal and Child Health Service Phone: 1300 644 964 Web: www.campaspe.vic.gov.au</p>  |
| <p><u>Child FIRST – St Lukes</u></p> <ul style="list-style-type: none"> • Provides a range of family support services for vulnerable children and families. • Enables families to access services and support they need at the time they need them. • Build capacity of families to support their children’s development and safety. <p>Contact: St Lukes – Child FIRST Phone: 1800 260 338 and 03 5482 0900</p>  | <p><u>Preschool Field Officer (PSFO) Program St Lukes</u></p> <ul style="list-style-type: none"> • Aim to support Educator’s to promote the participation of all children in preschool. They can help advise, support, advocate and liaise with families. <p>Contact: Nicole Murphy Phone: 03 5482 0910 Email: PSFO@stlukes.org.au</p>  |
| <p><u>Loddon Mallee Regional Parenting Service</u></p> <ul style="list-style-type: none"> • Deliver education and support to parents and carers. • Programs and workshops cover a wide range of parenting and family relationship topics. • Information and assistance on parenting issues can be provided to families. <p>Contact: Catholic Care Sandhurst Phone: 03 5438 1300 Email: fesintake@ccds.org.au</p>  | <p><u>CASA – Victorian Centres Against Sexual Assault</u></p> <ul style="list-style-type: none"> • Provide victim/survivors of sexual assault access to comprehensive and timely support and intervention to address their needs. • A free confidential 24 hour emergency or crisis care service is available for victim/survivors who have recently been sexually assaulted. • Counselling support, access to medical care and legal processes. <p>Contact: CASA Sexual Assault Crisis Line (free, available 24 hours) Phone: 1800 806 292 Sexual Assault Counselling Phone: 1800 RESPECT</p>  |
| <p><u>Financial Counselling – St Lukes</u></p> <ul style="list-style-type: none"> • Trained financial counsellors provide a free and confidential service to families and individuals experiencing financial difficulties. <p>Contact: St Lukes Free call all areas: 1800 244 323 Phone: 03 5482 0900 Web: www.stlukes.org.au/Pages/Our_Services/Financial_Counselling.aspx</p>  | <p><u>Echuca Regional Health – Speech Pathology</u></p> <ul style="list-style-type: none"> • Speech pathology services are available to people with difficulties speaking, reading, writing, using signs, symbols, and other modes of communication. • Speech Pathologists also assist with eating, drinking or swallowing. • No referral required. <p>Contact: Hopwood Centre Phone: 03 5485 5801 Email: mailto:enquiries@erh.org.au</p>  |

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| <p><u>Parentline Victoria</u></p> <ul style="list-style-type: none"> • Telephone counselling service to parents and carers of children aged from birth to eighteen years. • Professional counsellors are able to explore a variety of issues that impact on parenting and relationships and provide contact details for community services. <p>Contact: Parentline Phone: 13 22 89 8am – Midnight, 7 days a week</p>  | <p><u>Centre for Non Violence</u></p> <ul style="list-style-type: none"> • The Centre for Non-Violence delivers a range of quality services and programs that respond to family violence and homelessness. • These services and programs are delivered through a continuum of interventions: prevention, protection, recovery, counselling and support. <p>Contact: Women and Children’s Services Phone: 03 5430 3000 1800 884 038 Contact: Men’s Programs/Loddon Mallee Homelessness Network Phone: 03 5434 4100 1800 884 292</p>  |
| <p><u>Haven - Home Safe</u></p> <ul style="list-style-type: none"> • Provides those who are homeless or in housing crisis access to the support and resources they need to eliminate their homelessness. <p>Contact: Haven – Home Safe Phone: 03 5444 9000 Email: info@hhs.org.au Web: www.lmhs.com.au</p>  | <p><u>Echuca Regional Health - Dental</u></p> <ul style="list-style-type: none"> • Comprehensive dental care to eligible children who live in Echuca and the surrounding area. • Eligible for children who qualify for the ‘child dental benefit schedule’. • Children can receive – check ups and advice every 1 to 2 years, dental sealants, cleaning, filling, root canals, management of toothaches, specialist referrals. <p>Contact: Community Outpatients Phone: 03 5454 6911</p>  |
| <p><u>Infiniti Health Solutions – Medicare Local</u></p> <ul style="list-style-type: none"> • Deliver free psychological sessions to individuals who are experiencing Mental Health Issues such as Anxiety and Depression. • This service is delivered by Allied Health Providers including Psychologists and Mental Health Social Workers. • Access to this Mental Health service is through your General Practitioner (GP) who can (where appropriate) make a referral to the service. • Referrals to the service is by the GP completing and forwarding a Mental Health Care Plan to Infiniti Health Solutions. • There is no fee to access this service. <p>Contact: Infiniti Health Solutions Phone: 1300 216 529</p>  | <p><u>Njernda Aboriginal Cooperation</u></p> <ul style="list-style-type: none"> • Njernda Aboriginal Cooperation deliver’s community controlled, holistic services and programs which improve the physical, emotional, cultural and spiritual wellbeing of the Aboriginal Community of Echuca and surrounding areas. <p>Contact: Njernda Aboriginal Cooperation Phone: 03 5480 6252 Web: njernda.com.au</p>  |
| <p><u>Playgroups</u></p> <ul style="list-style-type: none"> • Playgroups provide parents and caregivers with the opportunity to meet new people, gain support and exchange parenting ideas. • They provide babies, toddlers and pre-schoolers with the chance to socialise as they play and learn together. <p>Contact: Campaspe Maternal and Child Health Service Phone: 1300 644 964 Web: www.campaspe.vic.gov.au</p>  | <p><u>Echuca Moama Toy Library</u></p> <ul style="list-style-type: none"> • Aim to provide children between the ages of birth to six years with a variety of good quality, carefully chosen toys which foster the learning of specific skills. • Provide children with enjoyment and a sense of achievement through play. • Operating hours – Tuesday, Wednesday and Saturday. <p>Address: 34-36 Heygarth St, Echuca Email: info@emtl.com.au Web: www.emtl.com.au</p>  |
| <p><u>Paediatrician</u> Contact your family GP for referrals to a Paediatrician.</p> | <p><u>About Raising Children Network</u> Provides valuable information that can help parents with the day to day decisions of raising children. Web: www.raisingchildren.net.au</p> |