

Parenting Conversations

Parenting During Change



Isolation has been a difficult time for families to navigate and the step back into education and community will bring its own unique challenges for many parents and children alike.

We are hosting online Zoom parent groups to support you through this time. Whether the challenge is worry, separation anxiety, frequent conflict or managing difficult behaviours, these sessions will give you the opportunity to gain information and strategies from our experienced Parenting Educators

Sessions for parents of 12-18 y/o

Morning: Thursday 28th May
10.00am - 11.30am

or **Evening:** Thursday 11th June
7.00pm - 8.30pm

Sessions for parents of 4-11 y/o

Afternoon: Wednesday 27th May
1.00pm - 2.30pm

or **Morning:** Thursday 11th June
10.00am - 11.30am

Sessions for parents of 0 - 3 y/o

Evening: Tuesday 9th June
7.00pm - 8.30pm

or **Afternoon:** Tuesday 2nd June
1.00pm - 2.30pm

Each session will have 8 participants. Bookings are essential