

CHILDREN AND FAMILY SERVICES - BENDIGO

Early Childhood Intervention Services

- Support children with a disability or developmental delay from birth to school entry.
- Provide special education, therapy, counselling, service planning and coordination, assistance and support to access services such as kindergarten and child care.
- Referral to this service is made through the Specialist Information and Referral team.

Contact: Early Childhood Intervention Services

Phone: 1300 363 514

Email: ecis.intake.nwvr@edumail.vic.gov.au

Web:www.education.vic.gov.au/childhood/parents/needs/pag

es/ecis.aspx



Maternal Child Health Nurse

- Available for all families with children from birth to school age children.
- Free service offering 10 key age consultations including three and a half year old check prior to children attending 4 year old preschool.
- Service supports families and their children with emphasis on parenting, prevention and health promotion, developmental assessment, early detection and referral and social support.

Contact: City of Greater Bendigo, Community Services Team

Phone: 03 4408 6590

Web: https://www.bendigo.vic.gov.au/Services/Community/Childr

en and Family services#.VVv3i mqpBd



The Orange Door (previously Child FIRST - St Lukes)

The Orange Door is a free service for adults, children and young people who are experiencing or have experienced family violence and families who need extra support with the care of children.

Contact: The Orange Door Loddon

Phone: 1800 512 359

Email: loddon@orangedoor.vic.gov.au Location: 57 View Street, Bendigo 3550

Preschool Field Officer (PSFO) Program St Lukes

 Aim to support Educator's to promote the participation of all children in preschool. They can help advise, support, advocate and liaise with families.

Contact: Susan McGrath or Nicole Murphy

Phone: 03 5440 1100

Email: psfo@anglicarevic.org.au



Loddon Mallee Regional Parenting Service

- Deliver education and support to parents and carers.
- Programs and workshops cover a wide range of parenting and family relationship topics.
- Information and assistance on parenting issues can be provided to families.

Contact: Narelle Williams Phone: 03 5438 1300

Email: fesintake@ccds.org.au
narelle.williams@ccds.org.au

CASA – Victorian Centres Against Sexual Assault

- Provide victim/survivors of sexual assault access to comprehensive and timely support and intervention to address their needs.
- A free confidential 24 hour emergency or crisis care service is available for victim/survivors who have recently been sexually assaulted.
- Counselling support, access to medical care and legal processes.

Contact: CASA

Sexual Assault Crisis Line (free, available 24 hours)

Phone: 1800 806 292 Sexual Assault Counselling Phone: 1800 RESPECT





Off To An Early Start Program

- Program promotes the importance of Early Learning for children
- The program works with families to support regular attendance and participation for children at playgroup, kindergarten and early years of school.
- They can also help with joining playgroups or helping enrol children into kindergarten or school.

Contact: Pam or Lana Phone: 03 4408 6590





Centre for Non Violence

Contact: Diana Antoniazzi

Phone: 03 5454 8783

 The Centre for Non-Violence delivers a range of quality services and programs that respond to family violence and homelessness.

Speech pathology drop in clinic where families can come to discuss their child's speech and language concerns.

No referral required or an arranged appointment. Service

available for children aged birth to school entry.

 These services and programs are delivered through a continuum of interventions: prevention, protection, recovery, counselling and support.

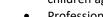
Contact: Women and Children's Services

Talking Matters - Speech Pathology

Phone: 03 5443 4844 1800 884 038

Contact: Men's Programs/Loddon Mallee Homelessness Network

Phone: 03 5434 4100 1800 884 292



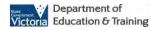
Parentline Victoria

 Telephone counselling service to parents and carers of children aged from birth to eighteen years.

 Professional counsellors are able to explore a variety of issues that impact on parenting and relationships and provide contact details for community services.

Contact: Parentline Phone: 13 22 89

8am – Midnight, 7 days a week



Haven - Home Safe

 Provides those who are homeless or in housing crisis access to the support and resources they need to eliminate their homelessness.

Contact: Haven - Home Safe

Phone: 03 5444 9000 Email: <u>info@hhs.org.au</u> Web: <u>www.lmhs.com.au</u>



Financial Counselling – St Lukes

 Trained financial counsellors provide a free and confidential service to families and individuals experiencing financial difficulties.

Contact: St Lukes

Free call all areas: 1800 244 323

Phone: 03 5448 1000



NON-VIOLENCE

Web:<u>www.stlukes.org.au/Pages/Our_Services/Financial_Counselling.aspx</u>

Mental Health Services - Medicare Local

- Work closely with local communities to keep people healthy and out of hospital.
- Access to this mental health service is through your General Practitioner (GP) who is trained to carry out an assessment about the mental health difficulties you are experiencing.
- There is no fee to access this service.

Contact: Medicare Local Phone: 03 5441 7806 Email: info@Immml.org.au Web: www.Immml.org.au



<u>Home Interaction Program for Parents and Youngsters</u>

- The home Interaction Program for Parents and Youngsters (HIPPY) is a home-based learning and parenting program for families with young children.
- It is voluntary program and is free for families.
- HIPPY families spend around 10-15 minutes a day, five days a week doing educational activities together.
- Home tutors schedule regular weekly or fortnightly visits.

Referral Contact: Carlene Egan
Phone: 03 5430 1200
Email: cegan@stlukes.org.au
Web: www.bippyaustralia.bsl.org



Bendigo and District Aboriginal Co-operative

 Bendigo and District Aboriginal Co-operative provides a range of health and social welfare services to the Aboriginal Community of Dja Dja Wrung.

Contact: Veronica Phone: 03 5442 4941 Web: <u>www.bdac.com.au</u>

Child Dental Health

- Comprehensive dental care to eligible children who live in Bendigo and the surrounding area.
- All children under 13 years of age irrespective of income.
- No referral or waiting list
- Children who have toothache or pain or require a check up will be offered the next available appointment.

Contact: Community Dental Services Phone: 03 5454 7994

Bendigo Community Toy Library

- Huge variety of toys for loan, aimed at helping children from birth to school age learn the art of play.
- Operating hours Tuesday, Thursday and Saturday.

Phone: 5441 3180

Web: bendigotoylibrary.org.au



Playgroups

- Playgroups provide parents and caregivers with the opportunity to meet new people, gain support and exchange parenting ideas.
- They provide babies, toddlers and pre-schoolers with the chance to socialise as they play and learn together.

Phone: 03 4408 6590

Email: offtoanearlystart@bendigo.vic.gov.au

Web: https://www.bendigo.vic.gov.au/Services/Children-and-

Families/Playgroups

<u>Paediatric</u>ian

Contact your family GP for referrals to a Paediatrician.

About Raising Children Network

Provides valuable information that can help parents with the day to day decisions of raising children.
Web: www.raisingchildren.net.au



RIAC - Rights Information and Advocacy Centre

Free service building the capacity and well-being of individuals with a disability, their families, carers and the greater community, through our advocacy and support services.

Phone: 03 5222 5499 Web: <u>riac.org.au</u> Email: info@riac.org.au
